



**STELLA MARIS COLLEGE
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12th March 2020

COVID-19 Awareness Program

With the outbreak of Corona Virus, the Government of Tamil Nadu has urged schools and Colleges to create preventive measures and awareness programs for staff and students.

Our College is making efforts to sensitize and inform students and faculty regarding this issue. We have activities formulated for three days to inform, discuss and explain about the outbreak of the deadly virus.

The following activities were executed by the College between **10 March and 12 March 2020**

Activity 1: 10th March 2020

Videos were screened in LED to sensitize the student body, faculty, teaching, Non-teaching and support staff.

The Vice-Principals, Dean of Student Affairs, Students' Union, and Head of various departments discussed about the resource persons such as medical practitioners and specialists with regard to COVID-19 and formulated the programmes for the next two days.

In pictures: Discussions on the formulation of the programmes



Activity 2: 11th March 2020

The **Students' Union** delivered the message for Shift I & II using the Public Address System.

The following **message** was delivered:

Do you know that the second busiest airport in the world is Beijing? And this busy airport is in lockdown for the past couple of months.

A novel coronavirus outbreak was confirmed in the city of Wuhan, China on 31st December 2019. We had our happiness fade when this outbreak in China, coronavirus also came along with us to start a new year. It has taken lives of many and it is continuing to take more.

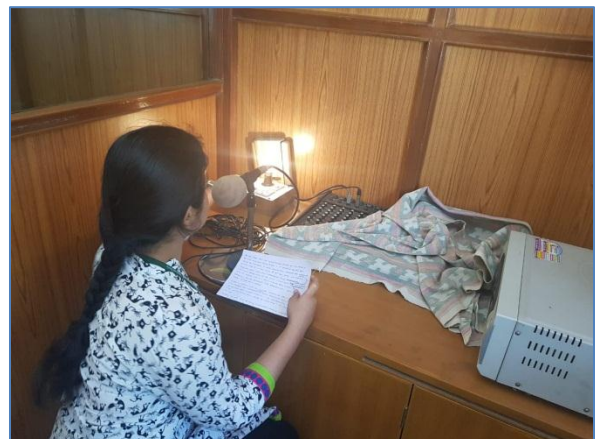
This epidemic turned pandemic has affected more than 1 lakh people across the world. Health is wealth, and we cannot afford to lose it. Our options are narrowed to only prevention because there is no cure yet. Coronavirus is a life threatening epidemic and we all must join hands to eradicate it as soon as we can.

Today we are here to bring awareness among individuals about the ways to combat corona virus. Come and get enlightened and spread this awareness with your near and dear ones.

United, we can.

Thank you.

In pictures: The Student Union representative sensitizing the issue over the Public Address System



Activity 3: 12th March 2020

Awareness Program delivered by Dr. Prasana Kumar Thomas

Dr. Prasana Kumar Thomas is a senior Consultant Pulmonologist at Sri Ramachandra Medical College and MGM Healthcare Hospitals, Chennai and visiting consultant in Shri Balaji Hospital, Guindy.

Dr. Prasana Kumar Thomas kindly consented to address the faculty and students on coronavirus and precautionary measures.

During the session, Dr. Prasana Kumar Thomas talked about the origin of the virus, symptoms, diagnostic procedures, preventive measures and busted myths around the fatal virus.

The program ended with a Q&A session where the students asked Dr. Prasana Kumar Thomas the following queries:

- What is isolation?
- Purpose and usage of masks
- Procedure of seeking medical help when one is infected by the virus
- Who/which age group is prone to get infected?
- Is the virus curable? What does cure mean?

Dr. Prasana Kumar Thomas insisted the audience to take home two messages:

- Be aware, be prepared and don't panic
- In case one experiences COVID-19 symptoms such as acute and consistent body ache, fever and cough, stay indoors as the virus is transmittable and reach out to the doctor for help.

In pictures: Dr. Prasana Kumar Thomas addressing the gathering



In pictures: Faculty and students attending the awareness program

